Medford Lakes Colony Summer Camp – Lower Camp (Grades 1-4)

July 1st – 26th, 2024, with NO CAMP on July 4th

<u>Friday, July 26th</u>: Closing Ceremonies – Hopkins Field @ 9:00 am (Campers to arrive by 8:45 am)

	1st Grade Girls	2nd Grade Girls	3rd Grade Girls	4th Grade Girls	1st Grade Boys	2nd Grade Boys	3rd Grade Boys	4th Grade Boys
8:45 - 9:15	Music	Games	Art 1	Art 2	Playground I	Playground II	Swim	Swim
9:15 - 9:45	Games	Music	Art 1	Art 2	Playground I	Playground II	Swim	Swim
9:45 - 10:15	Playground I	Playground II	Music	Games	Swim	Swim	Art 1	Art 2
10:15 - 10:45	Playground I	Playground II	Games	Music	Swim	Swim	Art 1	Art 2
10:45 - 11:15	Swim	Swim	Playground I	Playground II	Art 1	Art 2	Music	Games
11:15 - 11:45	Swim	Swim	Playground I	Playground II	Art 1	Art 2	Games	Music
11:45 - 12:30	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
12:30 - 1:00	Art 1	Art 2	Swim	Swim	Music	Games	Playground I	Playground II
1:00 - 1:30	Art 1	Art 2	Swim	Swim	Games	Music	Playground I	Playground II

OPENING CEREMONIES WILL BE HELD BEHIND NOKOMIS SCHOOL AT 8:30 AM

- Music & Games Activities will be held at Nokomis School
- Art I & II will be held at Nokomis School
- Playground I & II will be held at Nokomis School (Hopkins Field)
- Swim will be held at Beach 3 ALL GROUPS
- Kayaking will be held at Beach 3 3rd and 4th Graders
 - Monday & Wednesday 3rd Grade during "Playground I" time
 - o **Tuesday & Thursday** 4th Grade during "Playground II" time

*PLEASE NOTE: 3rd and 4th Grade Girls are to be dismissed from Beach 3 ("Swim") at 1:30 PM --- please let the Senior Counselor(s) know if you want your child to go straight home from Beach #3 OR to be escorted back to Nokomis School.

3rd and 4th Grade Boys are to be dismissed from Nokomis School at 1:30 PM every day.

Campers need –

Bike (with a basket, if possible),

Bike helmet,

Sneakers/closed-toe shoes (NO FLIP-FLOPS),

Bathing suit,

Beach towel,

Lunch in an insulated bag (to keep it cool),

and a WATER BOTTLE

*SPECIAL ACTIVITIES:

- **Interactive DJ** July 10th
- Swim Races July 12th & July 19th
- **Spirit Week** July 15th July 19th
- Waterslide Fun Day @ Hopkins July 22nd
- Special Event "Field Day" July 19th
- **4th Grade Junior Triathlon** July 24th
- Closing Ceremonies July 26th

*FISHING: This special activity is scheduled during your Camper's "Playground I or II" time. Camp fishing poles will be available for Campers. If your Camper wants to use their own fishing pole, they must be brought by the parent/guardian to Mirror Lake on that day.

•	3rd Grade Girls	<u>3rd Week</u> – Tuesday, July 16th
•	3rd Grade Boys	<u>3rd Week</u> – Tuesday, July 16th
•	4th Grade Girls	3rd Week - Monday, July 15th
•	4th Grade Boys	3rd Week - Monday, July 15th

If you have questions for the **Lower Camp Nurse**, you can call **Carole Marchitello**, **RN** at 609-617-6196 or cnilson44@comcast.net.

Hope Coughlin – Lower Camp Director – 609-410-8963