

# MEDFORD LAKES COLONY 5K Medford Lakes, NJ



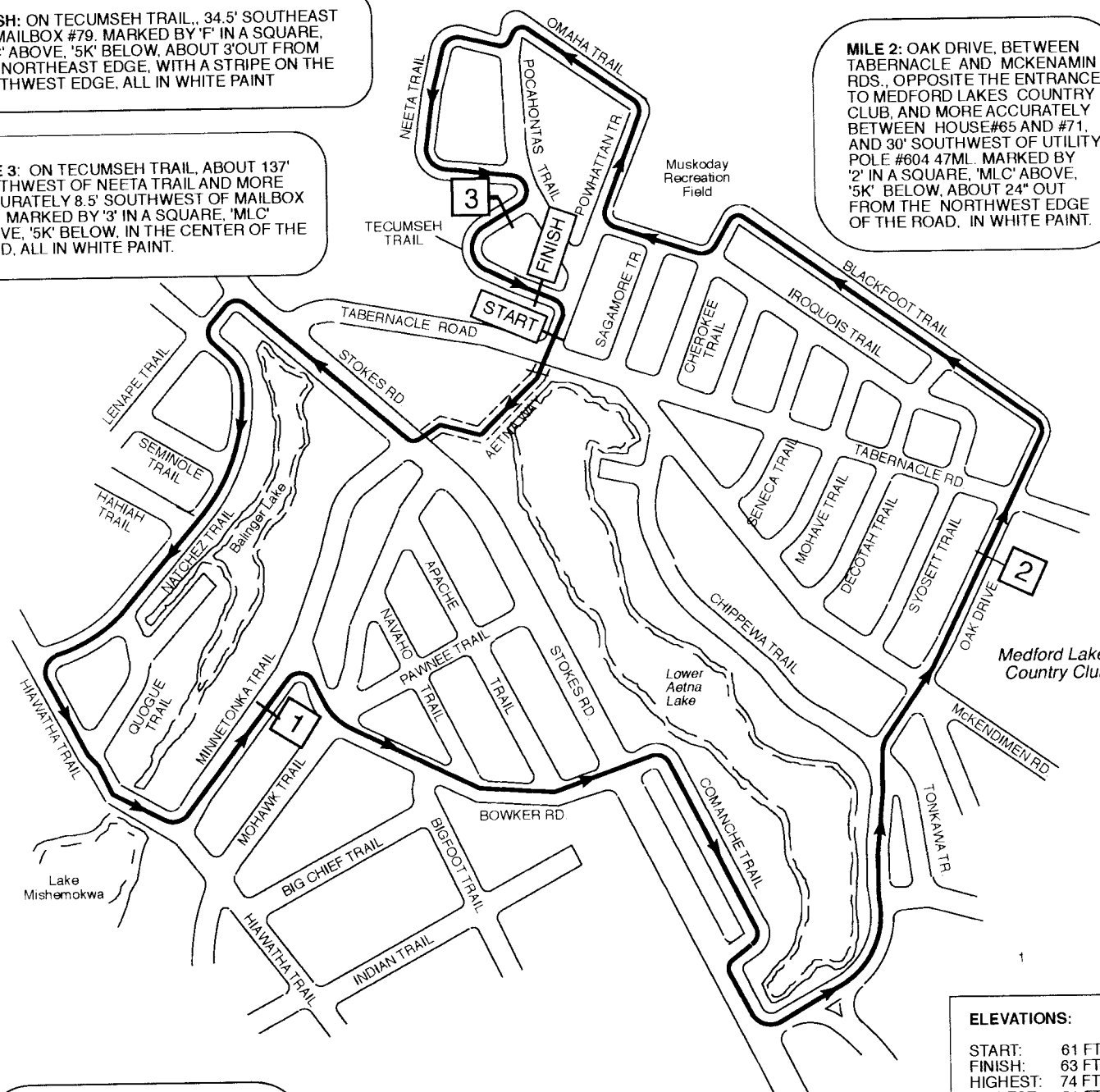
**USATF Certificate  
NJ13002WB**  
Effective: 05/13/013 to 12/31/2023

**START:** ON POWHATTAN TRAIL, 26.8' NORTH OF THE CENTER OF TABERNACLE RD. AND 108' SOUTH OF UTILITY POLE #60182ML. NEAR THE CORNER OF POWHATTAN AND TECUMSEH TRAILS. MARKED BY 'S' IN A SQUARE ABOUT 5' OUT FROM THE NORTHWEST EDGE OF POWHATTAN TRAIL, WITH STRIPES ON EACH SIDE OF THE ROAD, ALL IN WHITE PAINT.

**FINISH:** ON TECUMSEH TRAIL, 34.5' SOUTHEAST ON MAILBOX #79. MARKED BY 'F' IN A SQUARE, 'MLC' ABOVE, '5K' BELOW, ABOUT 3' OUT FROM THE NORTHEAST EDGE, WITH A STRIPE ON THE SOUTHWEST EDGE, ALL IN WHITE PAINT

**MILE 3:** ON TECUMSEH TRAIL, ABOUT 137' SOUTHWEST OF NEETA TRAIL AND MORE ACCURATELY 8.5' SOUTHWEST OF MAILBOX #88. MARKED BY '3' IN A SQUARE, 'MLC' ABOVE, '5K' BELOW, IN THE CENTER OF THE ROAD. ALL IN WHITE PAINT.

**MILE 2:** OAK DRIVE, BETWEEN TABERNACLE AND MCKENAMIN RDS., OPPOSITE THE ENTRANCE TO MEDFORD LAKES COUNTRY CLUB, AND MORE ACCURATELY BETWEEN HOUSE #65 AND #71, AND 30' SOUTHWEST OF UTILITY POLE #604 47ML. MARKED BY '2' IN A SQUARE, 'MLC' ABOVE, '5K' BELOW, ABOUT 24" OUT FROM THE NORTHWEST EDGE OF THE ROAD. IN WHITE PAINT.



**MILE 1:** ON MINNETONKA TRAIL BETWEEN NISKA TRAIL AND HIAWATHA TRAIL, AND MORE ACCURATELY 146' SOUTHWEST OF THE SIGNPOST AT THE SOUTH CORNER OF NISKA & HIAWATHA. MARKED BY '1' IN A SQUARE, 'MLC' ABOVE, '5K' BELOW, IN THE CENTER OF THE ROAD, ALL IN WHITE PAINT.

**NOTES:**

COURSE HAS BEEN MEASURED IN ACCORDANCE WITH USATF/RRTC REQUIREMENTS USING THE SHORTEST POSSIBLE ROUTE (SPR) METHOD TO WITHIN 12" OF ALL CURBS AND DEFINED ROAD EDGES.

UNLESS OTHERWISE INDICATED ON THIS MAP, RUNNERS MAY USE FULL WIDTH OF ROADS.

ELEVATIONS ARE RELATIVE AND ARE AS OBSERVED USING GOOGLE EARTH IMAGING.

**ELEVATIONS:**

START:	61 FT
FINISH:	63 FT.
HIGHEST:	74 FT.
LOWEST:	51 FT.

MEASURED BY  
BILL BELLEVILLE  
03/20/13, 05/03/13  
ARDMORE, PA  
CS-1301